

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

February 2019

Aspen Ridge Lodge

							1 9:30 – Exercises (M) 10:00 – United Church Coffee Party 10:30 – Pin-Bowling (U) 2:00 – Farewell Party for Jordan	2 2:00- Ice Cream Cart (M) Groundhog Day
3 6:00- Church Service: Redeemer Lutheran	4 9:30 – Exercises (M) 2:00 – Entertainment: Fred & Friends (M) Happy Birthday Betty D	5 9:30 – Card-Making with Joanne (U) 10:30 – Gentle Movement (M) 12:30 - Balance Hearing 1:45 – Bowling in Olds 2:00- Pigeons and Crows (M) 3:30 – Didsbury Library <small>Chinese New Year</small>	6 9:30 – Exercises (M) 10:30 – Bingo (M) 2:00 – Childhood Stories Reminisce (B)	7 10:30 – Handi-Lane Bowling (M) 10:30 – Tuck Shop No programs this afternoon	8 9:30 – Exercises (M) 10:30 – Pin-Bowling (U) 12:30 – Olds Greenhouse Sale & Tour Outing 2:30 – Lucy Kreuger students’ piano recital Happy Birthday Ozzie	9 2:00- Ice Cream Cart (M)		
10 6:00- Church Service: West Zion Happy Birthday Kay	11  Family Day	12 10:30 – Gentle Movement (M) 2:00 – Pigeons & Crows (M)	13 9:30 – Exercises (M) 10:30 – Bingo (M) 2:00 – Valentines Craft	14 10:30 – Handi-Lane Bowling (M) 10:30 – Tuck Shop 2:00 – Valentine’s Party (M) <small>Valentine’s Day</small>	15 9:30 – Exercises (M) 10:30 – Pin-Bowling (U) 2:30 – Card Bingo (B)	16 10:30 – Mini- Crokinole Tournament (M) 2:00- Ice Cream Cart (M) 2:30 – Cranium Crunches (M)		
17 6:00- Church Service: Bethel EMC Happy Birthday Eric	18 9:30 – Exercises (M) 2:00 – Entertainment: Harmony Cats (M) <small>Presidents’ Day (US)</small>	19 9:30 – Card-Making with Joanne (U) 10:30 – Gentle Movement (M) 11:00 – Catholic Mass 11:45 – Lunch at Vyasit 2:00 – Pigeons & Crows (M)	20 9:30 – Exercises (M) 10:30 – Bingo (M) 2:00 – Community Crossword	21 10:30 – Handi-Lane Bowling (M) 10:30 – Tuck Shop 2:00 – Silverwood Trio (M)	22 9:30 – Gentle Movement (M) 10:30 – Pin-Bowling (U) 2:00- Birthday Tea (M)	23 2:00- Ice Cream Cart (M)		
24 6:00- Church Service: Swalwell Singers	25 9:30 – Exercises (M) 2:00 – Entertainment: Ol’ Frisky & Friends	26 10:30 – Gentle Movement (M) 2:00 – Pigeons & Crows (M)	27 9:30 – Exercises (M) 10:30 – Bingo (M) Belton Hearing 1:30-3:30 3:00 – Arts and Craft 6:00- Movie Night	28 10:30 – Handi-Lane Bowling (M) 10:30 – Tuck Shop 2:00 – Card Bingo (M)	Please be sure to put your name on the outing sign up sheet for the activities highlighted in yellow!			

Contact the Recreation/Activity Department at 403-335-9848 ext. 4016/4017 with any questions or concerns. (L)=Lower Level (M)=Main Level (U)=Upper Level (B)-Bistro



"Now I know you're allergic to chocolate,
so I ate them first."



**THINK ABOUT ONE OF YOUR FAVORITE
VALENTINE'S DAY MEMORIES. WHAT MADE IT
SO SPECIAL? WHO DID YOU SPEND THAT
VALENTINE'S DAY WITH?**

