

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

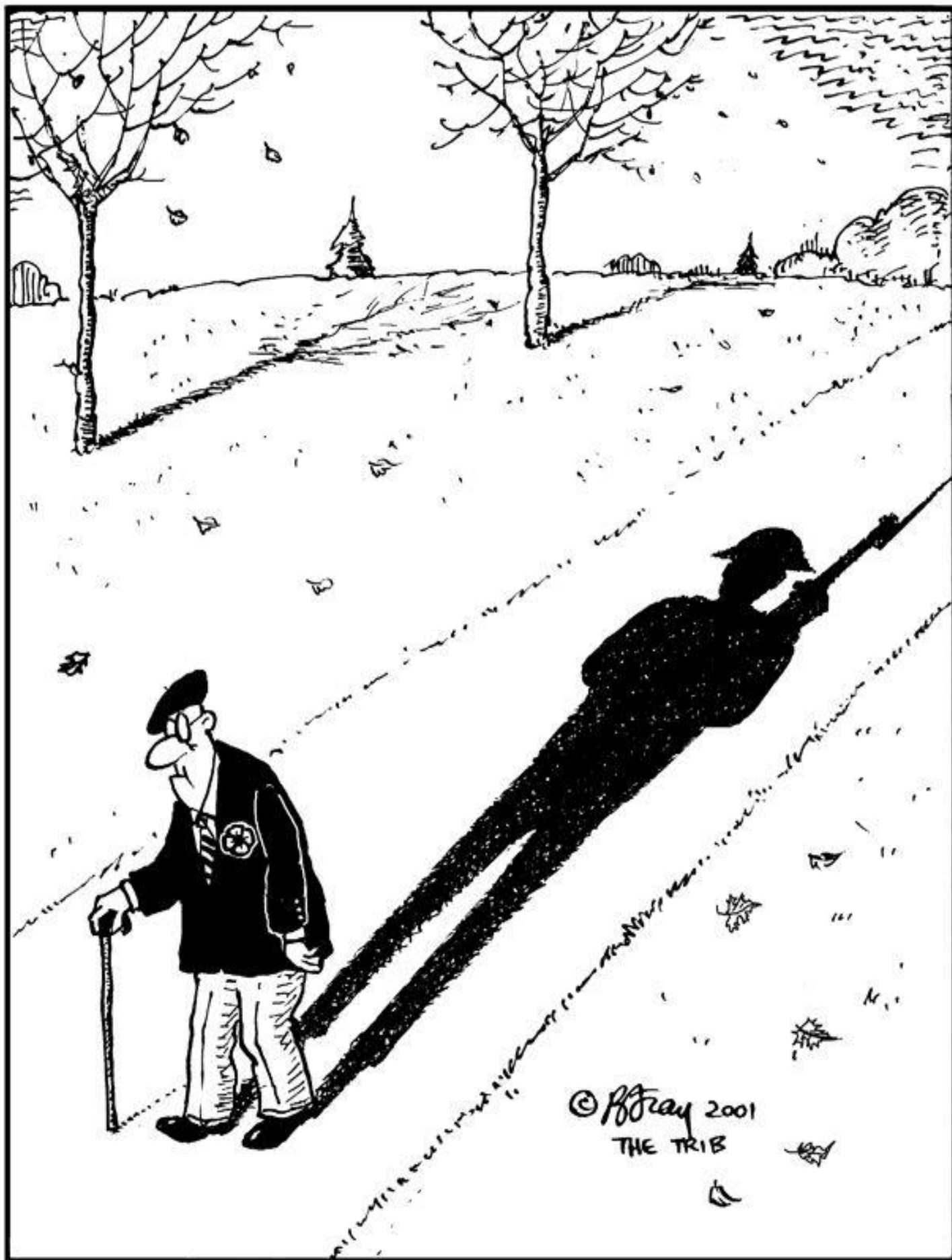
Saturday

# NOVEMBER 2018

## Aspen Ridge Lane

					1 9:30- Game Show! 10:30- Handi-Lane Bowling (M)  1:15- Music with Kelly	2 10:30- Pin Bowling (U)  1:30- Coloring	3 2:00- Ice Cream Cart
4 6:00- Church Service: West Zion Mennonite  <small>Daylight Saving Time Ends</small>	5 10:30: Cranium Crunches and Morning Stretches  2:00- Entertainment: Foothills Centennial Fiddlers	6 9:30- Morning Walks  10:30- Gentle Movement (M)  2:00- Pigeons and Crows (M)	7 10:30- Bingo  2:00- Balloon Badminton 2:30- Museum box discussion with Fresh Baked Loaf	8 9:30- Game Show! 10:30- Handi-Lane Bowling (M)  2:00- Songs We Remember	9 10:30- Pin Bowling (U)  1:30- The Berlin Wall	10 2:00- Ice Cream Cart	
11 6:00- Church Service: Redeemer Lutheran  <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 10:30: Cranium Crunches and Morning Stretches  2:00- Entertainment:	13 9:30- Morning Walks  10:30- Gentle Movement (M)  1:30- Outing to Carstairs Museum	14 10:30- What is it?  2:00- Target Toss 2:30- Coffee Conversations	15 9:30- Game Show! 10:30- Handi-Lane Bowling (M)  1:15- Music with Kelly	16 10:30- Pin Bowling (U)  1:30- Dominoes	17 2:00- Ice Cream Cart	
18 6:00- Church Service: Bethel EMC	19 10:30: Cranium Crunches and Morning Stretches  2:00- Entertainment: John Mahn	20 9:30- Morning Walks  10:30- Gentle Movement (M)  2:00 – Pigeons & Crows (M)	21 10:30- Who gives a Hoot?  1:30- Outing to Vintage Cafe	22 9:30- Game Show! 10:30- Handi-Lane Bowling (M)  2:00- Who is Charles Bronson?  <small>Thanksgiving Day (US)</small>	23 10:30- Pin Bowling (U)  1:30- Coloring	24 2:00- Ice Cream Cart	
25 6:00- Church Service: Bergthal Mennonite	26 10:30: Cranium Crunches and Morning Stretches  2:00- Entertainment: Prairie Wool	27 9:30- Morning Walks  10:30- Gentle Movement (M)  2:00- Pigeons and Crows (M)	28 10:30- ImPRESSive Fossils  2:00- Bocce Ball 2:30- National Puzzle Day	29 9:30- Game Show! 10:30- Handi-Lane Bowling (M)  1:15- Music with Kelly	30 10:30- Pin Bowling (U)  2:00- Birthday Tea		

Contact the Recreation/Activity Department at 403-335-9848 ext 4016/4017 with any questions or concerns. (L)=Lower Level (M)=Main Level (U)=Upper Level (B)=Bistro ( ) = On Unit



# In Flanders Fields

by John McCrae

In Flanders fields the poppies blow

**Between the crosses, row on row,**  
That mark our place; and in the sky  
**The larks, still bravely singing, fly**

Scarce heard amid the guns below.

**We are the Dead.** Short days ago  
**We lived, felt dawn,** saw sunset glow,  
**Loved, and were loved,** and now we lie  
In Flanders Fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
**The torch; be yours to hold it high.**  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
**In Flanders Fields.**

