

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6:00 pm West Zion Church 1	2 10:30 – Morning Stretch & Cranium Crunches 2:00 Mad Hatter Tea! with Not Exactly Serious	3 9:30 – Morning Walks 10:30 – News and Views 2:00 – Pigeons & Crows (M) 2:15 – Visits	4 10:30 – Morning Stretch & Trivia 2:00 – Junk Drawer Detective 3:15 - Visits	5 9:30 – Morning Walks 10:30 – Handi-Lane Bowling (M) 2:00 - 'Going to the Movies' Reminisce	6 10:30 – Arts and Crafts 2:00 – Pin Bowling (U) 3:15- Coffee and Conversation	 Ice Cream 7
 6:00 pm Bethel EMC <small>Daylight Saving Time Begins</small> 8	9 10:30 – Morning Stretch & Cranium Crunches 2:00 - Monday Movie: 'Going in Style' Happy Birthday Loretta! <small>Purim Begins</small>	10 9:30 – Morning Walks 10:30 – Music with Kelly 2:00 – Pigeons & Crows (M) 2:15 – Visits	11 10:30 – Morning Stretch & Trivia 2:00 – Clothing Reminisce 3:15 - Visits	JJ 9:30 – Morning Walks 10:30 – Handi-Lane Bowling (M) 2:00 – Drumming with Jody	13 10:30 – Pin Bowling (U) 2:00 – Board Games 3:15- Balloon Toss	 Ice Cream 14
 6:00 pm Mountain View EMC 15	16 10:30 – Morning Stretch & Cranium Crunches 2:00 Entertainment: Raymond Klot	17 St Patrick's Day! 9:30 – Morning Walks 10:30 – Truth or Blarney 2:00 – Pigeons & Crows (M) 2:15 – Visits <small>St. Patrick's Day</small>	18 10:30 – Morning Stretch & Trivia 2:00 – "Sing a Long" with Recreation Staff 3:15 - Visits	19 9:30 – Morning Walks 10:30 – Handi-Lane Bowling (M) 2:00 – Olds College Greenhouse Outing <small>Spring Begins</small>	20 10:30 – Pin Bowling 2:00 – Shake Loose a Memory 3:15- Coffee and Conversation	 Ice Cream 21
 6:00 pm Redeemer Lutheran Church 22	23 10:30 – Morning Stretch & Cranium Crunches 2:00 Entertainment: Country Friends	24 9:30 – Morning Walks 10:30 – Music with Kelly 2:00 – Pigeons & Crows (M) 2:15 – Visits	25 10:30 – Morning Stretch & Trivia 2:00 – Museum Box 3:15 - Visits	26 9:30 – Morning Walks 10:30 – Handi-Lane Bowling (M) 2:00 – Baking	27 10:30 – Pin Bowling (U) 2:00 – Board Games 3:15- Balloon Toss	 Ice Cream 28
 4:00 - Karen Whitlow playing piano 6:00 pm Berqthal 29	30 10:30 – Morning Stretch & Cranium Crunches 2:00 Birthday Tea by St Hilda Chapter	31 9:30 – Morning Walks 10:30 – News and Views 2:00 – Pigeons & Crows (M) 2:15 – Visits				

Contact the Recreation/Activity department at 403-335-9848 with any questions or concerns. (L)=Lower Level (M)=Main Level (U)=Upper Level (B)=Bistro (P)=Patio (FD)=Family Dining Room.