

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Sundre Seniors Supportive Living LODGE Activity Calendar

Ann's Giftshop Hours
Mon – Wed – Fri
2:00pm – 4:00pm

SYDNEY Foot Care
Visits on Feb 6th –
7th - & 8th Please
Call Emily 403-
399-3453

9:30am Heart Search Game ¹
10:00am Bank Day!
(Westview Conference Room)
10:15am Residents
Sequence Card Game
(Bistro Lounge)
10:30am Bible Study
(2nd Floor Quiet Room)
2:00pm Film Friday (TV Room)

²
2:00pm Residents
Shuffle Board Game
(2nd Floor Lounge)


Groundhog Day

³
10:00am Catholic
Communion
(2nd Floor Quiet Room)
2:00pm Anglican Church
Service

⁴
9:30am Hall Bingo
10:00am Pin Bowling
(2nd Floor Lounge)
2:00pm Entertainment by
Murray Larsen (Piano Lounge)
3:00pm Monday Sundae's
(Bistro)

⁵
9:30am Round Up Reading
(TV Room)
10:00am Friendly Visits
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:30pm Resident & Family
Council Meeting
(Main Dining Room)

Chinese New Year

⁶
10:00am Bean Bag Toss
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
1:00pm **Bus Trip** – Olds
Walmart Trip
3:00pm Coffee Hour
(Bistro)


⁷
Elizabeth H. 
9:30am Hall Bingo
10:00am The Edge Floor
Shuffleboard (Bistro Lounge)
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
1:30pm Beltone Hearing
(Courtyard Conference Room)
2:00pm Bingo with Grace
(Main Dining Room)

⁸
9:30am Heart Search Game
10:00am Residents Sequence
Card Game
(Bistro Lounge)
10:30am Bible Study
(2nd Floor Quiet Room)
**5:00pm Resident & Family –
"Once Upon a Time" Dinner
Party & Entertainment by
Hither & Yon** 

⁹
2:00pm Residents Shuffle
Board Game
(2nd Floor Lounge)

¹⁰
10:00am Catholic
Communion
(2nd Floor Quiet Room)
2:00pm Nazarene Church
Service

¹¹
9:30am Hall Bingo
10:00am Pin Bowling
(2nd Floor Lounge)
2:00pm Entertainment by
Fred & Friends (Piano Lounge)
3:15pm Ice Cream Cart (Bistro)

¹²
9:30am Round Up Reading
(TV Room)
10:00am Hand Spa
(Bistro Lounge)
1:00pm **Bus Trip – Sundre
Library Valentines Tea
Party** 
2:00pm Movie &
Munchies (TV Room)

¹³
Carl B. 
10:00am Preschool Visit &
Valentines Game
(Bistro Lounge)
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm United Church Coffee
Party (Family Dining Room)
3:00pm Pet Visit (Piano Lounge)

¹⁴
**Theme Thursday
Wear Red or Pink Today**
9:30am Hall Bingo
10:00am **Baking** – Cookies with
Love (Family Dining Room)
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Bingo with Grace
(Main Dining Room)
3:00pm Be My Valentine Ice Cream
Floats (Bistro)
Valentine's Day

¹⁵
9:30am Heart Search Game
10:00am Residents
Sequence Card Game
(Bistro Lounge)
10:30am Bible Study
(2nd Floor Quiet Room)
2:00pm Film Friday (TV Room)

Cindy's Off Today

¹⁶
2:00pm Residents Shuffle
Board Game
(2nd Floor Lounge)

¹⁷
10:00am Catholic
Communion
(2nd Floor Quiet Room)
2:00pm McDougal Chapel
Service

¹⁸


¹⁹
9:30am Round Up Reading
(TV Room)
10:00am Friendly Visit
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Residents Birthday
Party & Entertainment by
Centennial Fiddlers

²⁰
10:00am Bean Bag Toss
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Card Bingo
(Bistro Lounge)
3:00pm Coffee Hour (Bistro)

²¹
9:30am Hall Bingo
10:00am Floor Curling
(Bistro Lounge)
(2nd Floor Lounge)
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Bingo with Grace
(Main Dining Room)


²²
Deanna N. 
9:30am Heart Search Game
10:00am Residents
Sequence Card Game
(Bistro Lounge)
10:30am Bible Study
(2nd Floor Quiet Room)
2:00pm Film Friday (TV Room)


Cindy's Off Today

²³
2:00pm Residents Shuffle
Board Game
(2nd Floor Lounge)


²⁴
Jack O. 
10:00am Catholic
Communion
(2nd Floor Quiet Room)
2:00pm Bergen Church
Service

²⁵
9:30am Hall Bingo
10:00am Pin Bowling
(2nd Floor Lounge)
2:00pm Entertainment by
Dan & Friends (Piano Lounge)
3:15pm Ice Cream Cart (Bistro)

²⁶
Dennis R. 
9:30am Round Up Reading
(TV Room)
10:00am Friendly Visit
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Hand Spa with
Audrey (Bistro Lounge)

²⁷
Florence V. 
10:00am Bean Bag Toss
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Penny, Cards, & Dice
Game
3:00pm Coffee Hour (Bistro)

²⁸
9:30am Hall Bingo
10:00am Target Shuffle
Board (2nd Floor Lounge)
1:00pm Stretch & Strengthen
Exercise (Exercise Room)
2:00pm Bingo with Grace
(Main Dining Room)

Let's Start your Day Great with Cindy!
Join us for
Chair Exercise
At 8:30am
Monday's to Thur's

ITS ALL MOST TAX TIME AGAIN
GNP WILL HAVE A VOLUNTEER AVAILABLE
TO DO YOUR 2018 INCOME TAX RETURN
FOR FREE.
PLEASE LET CINDY KNOW WHEN YOU ARE
READY TO HAVE YOUR TAXES COMPLETE
AND ARRANGEMENT WILL BE MADE.

Activities, Events, & Outings are subject to change without notice.

Doctor's Office OPEN EVERY TUESDAY – Please call 403-638-4433 for an appointment