





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 2:00pm – McDougal Church Service (LODGE)	2 10:00am – Exercises & Brier Cranium Crunches 11:00am – Handspa with Jacquie 2:00pm – Entertainment by Silver and Gold (LODGE)	3 9:45am – Music with Kelly 2:30pm – Bingo with Anne 	4 10:00am – Floor Curling 1:30pm - Jeopardy	5 10:00am – Walk and Talk 1:30pm – Songs We Remember	6 10:00am – Card and Dice Games 10:30am – Bible Study (quiet room) 1:30pm – Baking “Brownies” and icecream	7 2:00pm – Social time in the dining room	
8 <b>Move your clocks ahead 1 hour!</b> 2:00pm – Bergen Church Service (LODGE) <b>Tim Hortons Brier Ends Today</b> <small>Daylight Saving Time Begins</small>	9 10:00am – Exercises & Brain Teasers 11:00am – Handspa with Jacquie 2:00pm – Entertainment by Trails End (LODGE) <small>Purim Begins</small>	10 10:30am – Pet Visits 2:00pm – Bingo with Anne 	11 10:00am – Pin Bowling 2:00pm – Cowboy Poetry	12 <b>Theme Thursday – Green or Yellow</b> 10:00am – Drumming with Jodi 1:30pm – St. Patrick’s Activities	13 10:00am – Card and Dice Games 10:30am – Bible Study (quiet room) 1:30pm – Penny Ante	14 2:00pm – Social time in the dining room	
15 2:00pm – James River Cowboy Church Service (LODGE)	16 10:00am – Exercises & Trivia 11:00am – Handspa with Jacquie 2:00pm – Resident Birthday party and music by Leo Dumont (LODGE)	17 <i>Happy St. Patrick's Day!!!</i> 9:45am – Music with Kelly 2:30pm – Bingo with Anne 6:30pm – Pub Night with Music (LODGE) <small>St. Patrick's Day</small>	18 10:00am – Floor Curling 1:30pm – Crosswords	19 10:00am – Walk and Talk 1:30pm – Touchy, Feely Fashions <small>Spring Begins</small>	20 10:00am – Card and Dice Games 10:30am – Bible Study (quiet room) 1:30pm – Springtime Reminisce	21 2:00pm – Social time in the dining room	
22 2:00pm – Gospel Church Service (LODGE)	23 10:00am – Exercises & Cranium Crunches 11:00am – Handspa with Jacquie 2:00pm – Entertainment by Murray Larson (LODGE)	24 10:00am – Target 2:30pm – Bingo with Anne 	25 8:30am – Men’s Breakfast 10:00am – Pin Bowling 1:30pm - Culinary	26 10:00am – Walk and Talk 1:30pm – Shake Loose a Memory 7:00pm – Sundre Community Bells (LODGE)	27 10:00am – Card and Dice Games 10:30am – Bible Study (quiet room) 1:30pm – Pigeons and Crows	28 2:00pm – Social time in the dining room	
29 2:00pm – United Church Service (LODGE)	30 9:30am – Outing to A&W 11:00am – Handspa with Jacquie 2:00pm – Entertainment by Centennial Fiddlers (LODGE)	31 9:45am – Music with Kelly 2:30pm – Bingo with Anne 	<p><b>Notes:</b>            -Calendar times and programs are subject to change without notice.            -Family and Friends are Encouraged to join their loved ones in programs            -All outings and outdoor activities are weather dependent.</p>				

# March 2020

## South Wing 2<sup>nd</sup> Floor – Recreation Therapy Calendar

If you have any questions or concerns, please contact Cindy or Leah in recreation.