

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2017



South Wing 2nd floor – Recreation Calendar

						Happy Birthday Norma B! 1 10:30am – Bible Study or Exercise 1:30pm – Shuffleboard 7:00pm – McDougal Chapel Youth Group Carolers (Lodge Bistro)	2
3 2:00pm – McDougal Church Service (Lodge)	4 9:30-11:30am- Christmas Decorating 2:00 – 3:00pm: Entertainment by Fred and Friends (Lodge)	5 10:30am – Morning Stretch & Parachute Activites 1:30pm – Winter Bingo with Anne (on unit)	6 10:30am – Exercise & Winter Hangman 1:30pm – 5 Pin Bowling	7 10:30am – Morning Stretch & Math Races 1:30pm -Resident Visits 7:00pm – CLDS Caroling (Lodge Bistro)	8 10:30am – Bible Study of Exercise 2:30pm – Card making with Marilyn	9 2:00pm – Holiday movie and munchies	
Happy Birthday Art J! 10 2:00pm – Bergan Church Service (Lodge) 3:00pm-Paliative Care Candle Light Service (Lodge Bistro)	11 9:30am - Exercise 10:00am – Card and Dice Games 11:00am – Hand spa 2:00 – 3:00pm: Entertainment by JoyPhil Sound (Lodge)	12 10:30am – Rhyme Time With Kids OUTING: 12:45pm- Name that Christmas Tune outing to Carstairs Lodge <small>First Day of Hanukkah</small>	13 10:30am – Exercise & Christmas Trivia 1:30pm -Floor Curling	14 Theme Thursday – Wear something Christmasy! 10:30am – Morning Stretch & Brain Teasers 1:30pm -Resident Visits	15 10:30 – Bible Study Resident Christmas party: 5:00pm - Holiday feast 6:30pm – Christmas Cocktails and Entertainment by Muir Cats (Lodge)	16 2:00pm – Holiday movie and munchies	
17 2:00pm – Catholic Church Service (Lodge)	18 9:30am - Exercise 10:00am – Card and Dice Games 11:00am – Hand spa 2:00 – 3:00pm: Resident Birthday Party! Entertainment by Not Exactly Serious (Lodge)	19 10:30am – Morning Stretch &Target Toss 1:30pm -Christmas Bingo with Anne (on unit)	20 10:30pm - Music with Kelly 2:30am – News, Views and Ice Cream	21 10:30am – Morning Stretch & Mad Libs 1:30pm – Resident Visits 3:00pm – Christmas Café' (Lodge Bistro) <small>Winter Begins</small>	22 10:30am – Bible Study or Exercise 1:30pm – 100 Dice	23 2:00pm – Holiday movie and munchies	
24 2:00pm – Anglican Church Service (Lodge)	25  <small>Christmas Day</small>	26  <small>Kwanzaa Begins</small>	27 10:30am – Exercise & Comedy Corner 1:30pm -Bingo with Anne on the Unit	28 10:30am – Morning Stretch & Homemade Bread making 1:30pm -Coffee Break with homemade bread	29 10:30am – Bible Study or Exercise 1:30pm – New Year's Reminisce & Ice Cream	30 2:00pm – Holiday movie and munchies	
31 2:00pm – Faith Lutheran Church Service (Lodge) <small>New Year's Eve</small>							

