

Sunday

Monday

Tuesday

Wednesday








Thursday

Friday

Saturday

FEBRUARY 2018

South Wing 2nd Floor – Recreation Calendar

					1 10:30am – Morning Stretch and Math Races 1:30pm – Ice Cream Trolley	2 Ground Hog Day! 10:30am – Bible Study Beat the Winter Blues Party! 5:30pm-Supper (on unit) followed by entertainment by Elvis (Lodge) <small>Groundhog Day</small>	3 2:00pm – Movie and Munchies
4 2:00pm – Catholic Church Service (Lodge)	5 9:30am – Exercise 10:00am – Card & Dice Games 11:00am – Hand Spa 2:00 – 3:00pm: Entertainment by Dan & the good Ol' Boys and Gals (Lodge)	6 10:30am – Morning Stretch and Bean Bag Toss 1:30pm – Bingo with Anne  (on unit) 2:30pm – Resident Family Meeting (Lodge)	7 10:30am – Exercise and Hangman 1:30pm – Valentines Craft 	8 Theme Thursday: Wear your country's colors or Olympic clothing 10:30am – Morning Stretch and Valentines Mad Libs 1:15pm – Sweetheart Box	9 Winter Olympics start today! 11:00am – Exercise 10:30am – Bible Study (Lodge) 2:00pm – Cremona Singing Group (Lodge) 7:00pm-Olympic opening ceremonies on CBC (replay)	10 2:00pm – Movie and Munchies	
11 2:00pm – United Church Service (Lodge)	12 9:30am – Exercise 10:00am – Card & Dice Games 11:00am – Hand Spa 2:00 – 3:00pm: Entertainment by Fred and Friends (Lodge)	13 10:30am – Morning Stretch and Olympic Ring Toss 1:30pm – Valentine Bingo with Leah (on unit) 12:30pm-Bus trip to Sundre Library for Valentines Tea <small>Mardi Gras</small>	14 Happy Valentine's Day! 10:30am – Exercise and Name that sweetheart Tune 1:00pm-Library Visit (main floor) 1:30pm – String Trio Performance (on unit) 2:00pm-United Church Coffee Party (main floor) <small>Valentine's Day</small>	15 10:30am – Morning Stretch and Olympic Trivia  1:30pm – Ice Cream Trolley	16 10:30am – Bible Study 1:30pm – Song's We Remember "Let Me Call You Sweetheart" 6:30pm – Cheer's to Chinese New Year Pub Night <small>Chinese New Year</small>	17 2:00pm – Movie and Munchies	
18 2:00pm – Faith Lutheran Church Service (Lodge)	19 Family Day <i>No Recreation Staff</i> <small>Presidents' Day (US)</small>	20 10:30am – Morning Stretch and Olympic Target Shooting 1:30pm – Olympic Bingo with Anne (on unit)  2:00pm – Resident Birthday party with entertainment by Chatelaine (Lodge)	21 10:30am – Exercise and Olympic Puzzles  1:30pm –Culinary-Tea	22 10:30am – Morning Stretch and Parachute games 1:30pm – Speed Skating dice game	23 10:00am – Exercise 10:30am – Bible Study 1:30pm-Music with Kelly  5:00pm- Personal Touch Fashions shopping (main floor)	24 2:00pm – Movie and Munchies	
25 Last day of Winter Olympics 2:00pm – Anglican Church Service (Lodge) 7:00pm-Olympic Closing Ceremonies on CBC (replay)	26 8:00am-Men's Breakfast 11:00am – Hand Spa 2:00 – 3:00pm: Entertainment by Harmony Cats (Lodge)	27 10:30am – Morning Stretch and Horse Shoes 1:30pm – Bingo with Anne  (on unit) 2:00pm – Denture education & care session (Lodge)	28 10:30am – Exercise and 1:00pm-Library Visit (main floor) 1:30pm –Crosswords	Family and Friends are welcome to join programs with their loved ones. Please Note: Calendars are subject to change.			

Please contact Cindy or Leah in recreation with any questions or concerns.