

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>2:00pm-United Church Service (LODGE)</p>	<p>2</p> <p><b>Happy Birthday Alec B and Theresa J!</b></p> <p>9:30am - Exercises 10:00am - Card and Dice Games 11:00am - Hand Spa 2:00-3:00pm: Entertainment: Good Ol' Boys and Gals (LODGE)</p>	<p>3</p> <p>10:00am - Rhyme Time with Parent Link (LODGE) 1:30pm - Bingo with Anne (on unit)</p> 	<p>4</p> <p>10:00-3:00pm-Income Tax with Jean (LODGE) 10:00am-Exercises &amp; Hangman <b>Outing: Drive to Clearwater for ice cream</b></p>	<p>5</p> <p>10:00am - Morning Stretch &amp; Fact or Fiction 1:15pm - Education about Osteoporosis with Anne 1:45pm - Friendly Resident Visits</p>	<p>6</p> <p>10:00am – Exercise 10:30am - Bible Study 1:30pm - Crosswords</p>	<p>7</p> <p>2:00pm - Movie and Munchies</p>
<p>8</p> <p>2:00pm - Faith Lutheran Church Service (LODGE)</p>	<p>9</p> <p>9:30am - Exercises 10:00am - Card and Dice Games 2:00-3:00pm – Entertainment: Silver and Gold (LODGE)</p>	<p>10</p> <p>10:00am - Morning Stretch &amp; Target Toss 1:30pm - Bingo with Anne (on unit)</p> 	<p>11</p> <p>10:00am - Exercises &amp; Math Races 1:00pm - Sundre Library Visit (LODGE) 1:30pm - Poetry 2:00pm - United Church Coffee Party (LODGE)</p>	<p>12</p> <p><b>Theme Thursday- Flowers!</b> 10:00am - Morning Stretch &amp; Balloon Badminton 1:45pm - Ice Cream</p>	<p>13</p> <p>No Recreation Staff in am. 10:30am - Bible Study 1:30pm - Canadian Trivia Game 6:30pm-Volunteer Appreciation Dessert &amp; Tea with Entertainment (Lodge)</p>	<p>14</p> <p>2:00pm-Movie and Munchies</p>
<p>15</p> <p>2:00pm-Anglican Church Service (LODGE)</p>	<p>16</p> <p>8:00am – Men’s Breakfast 11:00am – Hand Spa 2:00-3:00pm - Resident Birthday Party Entertainment by Murray Larson (LODGE)</p>	<p>17</p> <p>10:00am - Morning Stretch &amp; Parachute Games 1:30pm - Bingo with Anne (on unit)</p>  <p>7:00pm - Sundre Choir (LODGE)</p>	<p>18</p> <p>10:00am - Exercises &amp; Scattergories 1:30pm - Shake Awake the Truth</p>	<p>19</p> <p>10:00am - Morning Stretch &amp; Charades 1:45pm - Friendly Resident Visits</p>	<p>20</p> <p>10:00am - Exercise &amp; Wacky Wordies 10:30am - Bible Study 1:30pm – Music with Kelly</p>	<p>21</p> <p>2:00pm-Movie and Munchies</p>
<p>22</p> <p>2:00pm-Nazarene Church Service (LODGE)</p> <p>Earth Day</p>	<p>23</p> <p>9:30am - Exercises 10:00am - Card and Dice Games 2:00-3:00pm - Entertainment by Fred Friends (LODGE)</p>	<p>24</p> <p>10:00am - Morning Stretch &amp; Bean Bag Toss 1:30pm - Bingo with Anne (on unit)</p> 	<p>25</p> <p><b>Happy Birthday Diana L!</b> 10:00am - Exercises &amp; Who, What, When? 1:00pm-Sundre Library Visit (LODGE) 1:30pm – Pin Bowling</p>	<p>26</p> <p>10:00am - Morning Stretch &amp; Forest Funnies 1:45pm - Ice Cream 7:00pm - Sundre Bells (LODGE)</p>	<p>27</p> <p>10:00am - Exercise &amp; The Mighty Oak 10:30am - Bible Study 1:30pm - Pigeon and Crows</p> <p>Arbor Day</p>	<p>28</p> <p>2:00pm-Movie and Munchies</p>
<p>29</p> <p>2:00pm-McDougal Church Service (LODGE)</p>	<p>30</p> <p>9:30am - Exercises 10:00am - Card and Dice Games 11:00am - Hand Spa 2:00-3:00pm - Entertainment by Parkland Old Tyme Music (LODGE)</p>	 <p>Family and Friends are welcome to join programs with their loved ones. <b>Please Note:</b> Calendars are subject to change.</p>				

Please contact Cindy or Leah in recreation with any questions or concerns.