

Sunday

Monday

Tuesday

Wednesday

Thursday








Friday

Saturday



August 2018

South Wing 2nd Floor-Recreation

			<p>1 10:00am – Exercises & Charades 1:00pm – Library Visits 1:30pm – Shake Loose a Memory</p>	<p>2 10:00am – Morning Stretch & Math Races 2:00pm – Reading Buddies</p>	<p>3 10:00am – Bowling 1:30pm – Seeing Double: Discussion about twins!</p>	<p>4 2:00pm – Movie and Munchies</p>
<p>5 2:00pm – United Church Service</p>	<p>6 Civic Holiday No Recreation </p>	<p>7 10:00am – Morning Stretch & Ladder ball 1:30pm – Bingo with Anne  2:30pm – Resident Family Meetings in Lodge</p>	<p>8 10:00am – Exercises & Balloon Hockey 1:30pm – Ice cream Social on the patio</p>	<p>9 Theme Thursday: Bright colours of the 80's 10:00am – Pin Bowling 1:45pm – Jeopardy</p>	<p>10 10:00am – Morning Exercise & Trivia 1:30pm – Music Bingo</p>	<p>11 2:00pm – Movie and Munchies</p>
<p>12 2:00pm – Faith Lutheran Church Service</p>	<p>13 8:30am – Men's Breakfast 11:00am – Hand Spa 2:00pm - Entertainment by Karen & Otto The Classics (LODGE)</p>	<p>14 10:00am – Backyard Activities and Fire Pit Treats 1:30pm – Bingo With Anne </p>	<p>15 Happy Birthday Inge M! 10:00am – Floor Curling 11:30am-Outing to RCMP dog training 1:00pm - Library Visit</p>	<p>16 10:00am – Outdoor Strolls 1:30pm – Pet Visits  2:00pm – Reading Buddies</p>	<p>17 10:00am – Morning Exercise & Trivia 2:00pm – Music with Myrna</p>	<p>18 2:00pm – Movie and Munchies</p>
<p>19 2:00pm – Anglican Church Service</p>	<p>20 9:30am – Exercises 10:00am – Card and Dice games 11:00am – Hand Spa 2:00pm-Resident Birthday Party! Entertainment by Murray Larson (LODGE)</p>	<p>21 11:15am – Bus Trip to Leusinks for a picnic 3:00pm – Friendly Visits</p>	<p>22 10:00am – Where in the world 2:00pm – Happy Hour in the Lodge </p>	<p>23 10:00am – Music with Kelly 2:00pm – Bingo with Anne </p>	<p>24 10:00am – Armchair Boogie 1:30pm – Homemade Bread and Finish Lines Today is Caitie's last day </p>	<p>25 2:00pm – Movie and Munchies</p>
<p>26 2:00pm – Nazarene Church Service</p>	<p>27 9:30am – Exercises 10:00am – Card and Dice games 11:00am – Hand Spa 2:00pm - Entertainment by Harmony Cats (LODGE)</p>	<p>28 10:00am – Outdoor Walks 1:30pm – Bingo with Anne </p>	<p>29 10:45am – Bus Trip to MT Nest for Weiner Roast 1:00pm – Library Visit 3:00pm – Friendly Visits</p>	<p>30 10:00am – Bella the Gypsy Cob Pony Visits (Front Entrance) 1:45pm – Ice cream on the patio</p>	<p>31 10:00am – Armchair Boogie 1:30pm – Scattergories</p>	<p>-Note: Calendars are subject to change -Family and friends are welcome to join their loved ones in program.</p>

If you have any questions or concerns, please contact Cindy or Leah in recreation.