

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# DECEMBER 2017

## South Wing 1<sup>st</sup> Floor – Recreation Calendar




						1 10:00am – Exercise & Reading Circle 2:30pm – Pigeons & Crows	2 2:00pm – Holiday movie and munchies
3 1:30pm – McDougal Church Service	4 9:30-11:30-Christmas Decorating 2:00 – 3:00pm – Entertainment by Fred and Friends <b>(Lodge)</b>	5 10:00am – Morning Stretch & Parachute activities 2:30pm -Winter Bingo with Anne	6 10:00am – Exercise & Winter Hangman 2:30pm -5 Pin Bowling	7 10:00am – Morning Stretch & Math Races 2:30pm -Window Painting	8 10:00am – Exercise & Horseshoes 1:30pm – Rhythm Circle	9 2:00pm – Holiday movie and munchies	
10 1:30pm – Bergen Church Service  3:00pm-Paliative Care Candle Light Service <b>(Lodge)</b>	11 10:00am – Hand Spa 11:00am – Brain and Body Boogie 2:00 – 3:00pm – Entertainment by JoyPhil Sound <b>(Lodge)</b>	12 10:00am - Morning Stretch & Rhyme Time with Kids 2:30pm -Bingo <small>First Day of Hanukkah</small>	13 <b>Happy Birthday Oni L and Ray A!</b> 10:00am – Exercise & Christmas Trivia 2:30pm -Floor Curling	14 <b>Theme Thursday-Wear your Christmas Sweater</b> 10:00am – Morning Stretch & Brain Teasers 2:30pm -Culinary Christmas Cake	15 No Rec this morning ☹️ 3:00pm – <b>Resident Christmas Party: Christmas Carol Sing along</b> 5:00pm- <b>Christmas feast</b>	16 2:00pm – Holiday movie and munchies	
17 1:30pm – Catholic Church Service	18 10:00am – Hand Spa 11:00am – Brain and Body Boogie 2:00 – 3:00pm – <b>Resident Birthday Party!</b> Entertainment by Not Exactly Serious <b>(Lodge)</b>	19 10:00am – Morning Stretch & Target Toss 2:30pm -Christmas Bingo with Anne	20 10:00am – Exercise & Comedy Corner 1:30pm – Music with Kelly <b>OUTING:6:00pm-Tim Hortons and Christmas Light Tour</b>	21 10:00am – Morning Stretch & Madlibs 1:30pm – It’s a Wrap “Reminisce” <small>Winter Begins</small>	22 10:00am – Exercise & Mini-Golf 2:30pm - Christmas Songs We Remember ‘Silent Night’	23 2:00pm – Holiday movie and munchies	
24 1:30pm – Anglican Church Service	25 <b>Happy Birthday Dorothy J!</b> 	26  <small>Kwanzaa Begins</small>	27 10:00am – Exercise & News and Views 2:30pm -Bingo with Anne	28 10:00am – Morning Stretch & Homemade bread making 2:30pm -Coffee break with homemade bread	29 10:00am – Exercise & New year’s Comedy Corner 2:30pm -New Year’s Reminisce & Ice Cream	30 2:00pm – Holiday movie and munchies	

31  
1:30pm – Faith Lutheran Church Service  
  
New Year’s Eve

Family and friends are welcome to join programs with their loved ones.

Please note: Calendars are subject to change



If you have any questions or concerns, please contact Cindy or Leah in recreation.