

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2018

South Wing 1st Floor-Recreation Calendar

			1 11:00am – Charades 2:30pm – Floor Curling	2 Happy Birthday Dale W! 11:00am – Outdoor Badminton 2:30pm – Ice cream social on the patio	3 11:00am – Armchair Boogie 2:30pm – Seeing Double: Discussion about twins!	4 2:00pm – Movie and Munchies
5 1:30pm – United Church Service	6 Civic Holiday No Recreation 	7 11:00am – Morning Stretch 2:30pm – Bingo with Anne 	8 11:00am – Exercises 2:30pm – Song and Dance Hour with Sabina	9 Theme Thursday: Bright Colours of the 80's 11:00am – Parachute Games 2:30pm – Outing to Davidson Park for ice cream	10 11:00am – Morning Exercise & Trivia 2:30pm – Music Bingo	11 2:00pm – Movie and Munchies
12 Happy Birthday Bev H! 1:30pm – Faith Lutheran Church Service	13 8:30am – Men's Breakfast 2:00pm-Entertainment by Karen & Otto The Classics (LODGE)	14 11:00am – Ladder ball 2:30pm – Bingo With Anne 	15 11:00am – Outdoor Strolls 2:30pm – News and Views	16 11:00am – Jeopardy 2:00pm – Pet Visits 	17 11:00am –Morning Exercise & Finish Lines 2:30pm –Music with Myrna	18 2:00pm – Movie and Munchies
19 1:30pm – Anglican Church Service	20 10:00am – Hand Spa 11:00am – Exercises 2:00pm-Resident Birthday Party! Entertainment by Murray Larson (LODGE)	21 11:00am – Morning Stretch & 2:30pm – Song and Dance Social with Sabina	22 11:00am - Exercises 2:00pm – Happy Hour in the Lodge with entertainment 	23 11:00am – Music with Kelly 2:30pm - Bingo With Anne 	24 11:00am – Armchair Boogie 2:30pm – Homemade Bread and Finish Lines Caitie's Last day ☹️	25 2:00pm – Movie and Munchies
26 1:30pm – Nazarene Church Service	27 10:00am – Hand Spa 11:00am – Exercises 2:00pm-Entertainment by Harmony Cats (LODGE)	28 11:00am – Lawn Putting Practice 2:30pm – Bingo with Anne 	29 9:30am – Fresh Air Walks 2:30pm – Reminiscing	30 11:00am – Bella the Gypsy Cob Pony Visits 2:30pm – Song and Dance Social Hour with Sabina	31 11:00am – Armchair Boogie 2:30pm – Scattergories	-Note: Calendars are subject to change -Family and friends are welcome to join their loved ones in program.

If you have any questions or concerns, please contact Cindy or Leah in recreation.