

Sunday

Monday

Tuesday

Wednesday









Thursday

Friday

Saturday

February 2019

South Wing 1st Floor-Recreation Calendar

					<p>11:00am – Exercise & Groundhog talk</p> <p>2:30pm – Songs We Remember</p> 	<p>2:00pm – Movie and Munchies</p>
<p>3 1:30pm – Anglican Church Service</p>	<p>4 11:00am – Parachute Games</p> <p>2:00pm – Entertainment by Murray Larsen (LODGE)</p>	<p>5 11:00am – Target Toss</p> <p>2:30pm – Bingo with Anne</p>  <p>Chinese New Year</p>	<p>6 10:30 – Outing: News and Views at A&W</p> <p>2:30pm – Song and Social Hour</p>	<p>7 10:00am – Hand Spa</p> <p>11:00am – Exercises No afternoon Recreation Therapy</p>	<p>8 Beat the Winter Blues Party!</p> <p>5:00pm – Supper and entertainment by The String Trio (on unit)</p>	<p>9 2:00pm – Movie and Munchies</p>
<p>10 1:30pm – Nazarene Church Service</p>	<p>11 11:00am – Trivia Time</p> <p>2:00pm – Entertainment by Fred and Friends (LODGE)</p>	<p>12 11:00am – Bowling</p> <p>2:30pm – Bingo with Anne</p> 	<p>13 11:00am – Exercises</p> <p>2:30pm – Pet Therapy</p> <p>3:00pm – Coffee and Chinese New Year's Discussion</p>	<p>14 Theme Thursday-Wear Red or Pink</p> <p>8:30am - Men's Breakfast</p> <p>11:00am – Drumming Circle with Jodi</p> <p>2:30pm – Valentines Song and Social Hour</p>  <p>Valentine's Day</p>	<p>15 11:00am – Music with Kelly</p> <p>2:30pm – Floor Curling</p>	<p>16 2:00pm – Movie and Munchies</p>
<p>17 1:30pm – McDougal Church Service</p>	<p>18 No Recreation Programs</p>  <p>Celebrate families, celebrate your family!</p>	<p>19 11:00am – Horseshoes</p> <p>2:00pm – Resident Birthday Party with entertainment by Centennial Fiddles (LODGE)</p> 	<p>20 11:00am – Exercises</p> <p>2:30pm – Bingo with Jacquie</p> 	<p>21 11:00am – Travelogue</p> <p>2:30pm – Song and Social Hour</p>	<p>22 11:00am – Armchair Boogie</p> <p>2:30pm – Imagination Vacation</p>	<p>23 2:00pm – Movie and Munchies</p>
<p>24 1:30pm – Bergen Church Service</p>	<p>25 Happy Birthday Bill R.</p> <p>11:00am – News & Views</p> <p>2:00pm – Entertainment by Dan and Friends (LODGE)</p>	<p>26 11:00am – Kick Ball</p> <p>2:30pm – Bingo with Jacquie</p> 	<p>27 11:00am – Exercises</p> <p>2:30pm – History of Curling</p>	<p>28 11:00am – Exercise & Comedy Corner</p> <p>2:30pm – Song and Social Hour</p>	<p>Happy Valentine's Day</p> <p>-Note: Calendar times and programs are subject to change without notice.</p> <p>-Family and Friends are welcome to join loved ones in program.</p> <p>-If you have questions or concerns, please contact Cindy W. or Leah in recreation.</p>	