

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



November 2018

South Wing 1st Floor – Recreation Calendar

4 1:30pm – Bergen Church Service Don't forget to turn your clocks back 1 hour! 	5 10:00am – Hand Spa 10:00am – Outing to the Sundre Museum 2:00pm – Happy Hour and Entertainment by The Drifters (LODGE)	6 11:00am – Putting Practice 2:30pm – Bingo with Anne 	7 11:00am – Exercises 2:30pm – Remembrance Day and WWI Discussion	8 11:00am – Remembrance Day Service (Lodge) 2:30pm – Song and Dance Social with Sabina	9 11:00am – Armchair Boogie 2:30pm – Song's We Remember "Danny Boy"	10 2:00pm – Movie and Munchies
11 1:30pm – James River Cowboy Church Service 	12 10:00am – Hand Spa 11:00am – Exercise 2:00pm – Canadian Trivia	13 11:00am – Horse Shoes 2:30pm – Entertainment by Fred and Friends (LODGE)	14 11:00am – Jeopardy 2:30pm – Christmas Decorating! 	15 Theme Thursday- Wear polka dots or stripes 11:00am – Bowling 2:30pm – Bingo with Anne 	16 11:00am – Music with Kelly 1:00pm-4:00pm – Walks to the lodge for Christmas Market	17 2:00pm – Movie and Munchies
18 1:30pm – Gospel Centre Church	19 10:00am – Hand Spa 11:00am – Exercise 2:00pm – Resident Birthday Party with Entertainment Trails End (LODGE)	20 11:00am – Target Toss 2:30pm – Bingo with Anne 	21 11:00am – Exercise 2:30pm – Pet Visits 	22 11:00am – Hangman 2:30pm – Cowboy Poetry 	23 11:00am – Armchair Boogie 2:00pm – Joyful Melody Trio (LODGE)	24 2:00pm – Movie and Munchies
25 1:30pm – United Church Service	26 HAPPY BIRTHDAY BUD C. 8:30am-Mens Breakfast 10:00am – Hand Spa 11:00am – Exercise 2:00pm – Happy Hour with Entertainment by The Centennials (LODGE)	27 9:30am – Friendly Visits 2:30pm – Bingo with Anne 	28 11:00am – Exercise 2:30pm – Winter Reminiscing	29 11:00am – Floor Curling 2:30pm – Trivia 7:00pm – Sundre Bells (LODGE)	30 11:00am – Armchair Boogie 2:30pm – "What is it?"	-Note: Calendar times and programs are subject to change without notice. -Family and Friends are welcome to join loved ones in programs.

If you have any questions or concerns, please contact Cindy W. or Leah in the recreation department.