

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2018

South Wing 1st Floor – Recreation Calendar



					1 10:00am – Morning Stretch and Math Racer 2:30pm- Ice Cream Social	2 Beat the Winter Blues Party! 5:30pm-Supper (on unit) followed by entertainment by Elvis (Lodge) <small>Groundhog Day</small>	3 2:00pm – Movie and Munchies
4 1:30pm –Catholic Church Service	5 10:00am – Hand Spa 11:00am – Brain and Body Boogie 2:00 – 3:00pm: Entertainment by Dan & the good Ol' Boys and Gals (Lodge)	6 10:00am – Morning Stretch and Bean Bag 2:30pm – Bingo with Anne 	7 10:00am – Exercise and Hangman 2:30pm-Valentines Craft 	8 Theme Thursday: Wear your country's colors or Olympic clothing 10:00am – Morning Stretch and Valentine Mad Libs 2:30pm-Museum Sweetheart Box	9 Winter Olympics start today! 10:00am – Exercise and Comedy Corner 2:30pm – Cremona Singing Group (Lodge) 7:00pm-Olympic Opening Ceremonies on CBC (Replay)	10 2:00pm – Movie and Munchies	
11 1:30pm –United Church Service	12 10:00am – Hand Spa 11:00am – Brain and Body Boogie 2:00 – 3:00pm: Entertainment by Fred and Friends (Lodge)	13 10:00am – Morning Stretch and Olympic Ring Toss 2:30pm – Valentine Bingo <small>Mardi Gras</small>	14 Happy Valentine's Day! 10:00am – Exercise and Name that 'heart' tune 2:30pm-String Trio performance <small>Valentine's Day</small>	15 10:00am – Morning Stretch and Olympic Trivia 2:30pm- Ice Cream Social	16 2:30-Olympic Curling 6:30pm – 6:30pm – Cheer's to Chinese New Year Pub Night <small>Chinese New Year</small>	17 2:00pm – Movie and Munchies	
18 1:30pm –Faith Lutheran Church Service	19 Family Day <i>No Recreation Staff</i> <small>Presidents' Day (US)</small>	20 10:00am – Morning Stretch and Olympic Target Shooting 2:00pm – Resident Birthday party with entertainment by Chatelaine (Lodge) 2:30pm – Olympic Bingo with Anne 	21 10:00am – Exercise and Olympic Puzzles 2:30pm- Culinary Program- Tea	22 10:00am – Morning Stretch and Parachute Games 2:30pm-Olympic Curling 	23 10:30am – Exercise and 'What is it' 2:30- Music with Kelly 	24 2:00pm – Movie and Munchies	
25 Happy Birthday Bill R! Last day of Winter Olympics 1:30pm –Anglican Church Service 7:00pm-Olympic Closing Ceremonies on CBC (replay)	26 8:00am-Men's Breakfast 10:00am – Hand Spa 2:00 – 3:00pm: Entertainment by Harmony Cats (Lodge)	27 10:00am – Morning Stretch and Horseshoes 2:30pm – Bingo with Anne 	28 10:00am – Exercise and Putting Practice 2:30- Song's we remember "Let Me Call You Sweetheart"	<p>Family and friends are welcome to join programs with their loved ones.</p> <p>Please note: Calendars are subject to change</p>			

Please contact Cindy or Leah in recreation with any questions or concerns.